

MATSUNAGA HITOMI

I am a PhD. Student of Nagasaki University Graduate School of Biomedical Sciences. I participated in the Japanese-Russian workshop "Population health protection" as part of the domestic and overseas field practice in doctoral course curriculum.

North-Western State Medical University is located in the outskirts of St. Petersburg that is very beautiful and historical city surrounded by the traditional Russian townscape. Security of the city was very good, so I could concentrate to the seminar. This seminar included public health strategy, epidemiology and radiation hygiene in Russia.

I learned that not only the difference of health care system but also the difference of their value based on traditional culture is reflected in basic policy of health care in Russia.

In addition, I had a valuable experiences of discussion about radiation accident of Chernobyl and Fukushima and future unexpected radiation disaster with the students and teachers in Russia. I expect that many students will be able to obtain such a short-term quality studying abroad experiences. I have a grateful thanks such a wonderful opportunity.